

Lesson plan: Introducing Estonia and Austria

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Time (min)	What?	How?	Media	Notes
5	Getting to know each other	Everybody says what makes him/her special in one sentence		Cut if the students are too slow
20	Getting to know Estonia	1) Pair work: Guessing 2) Individual work: Watching 3) Plenary work: Comparison	Worksheet: "Welcome to Estonia" Youtube-Video	Unknown words on the blackboard
25	Learning how to dance the Waltz	1) Pushing all tables to the side 2) Forming two lines (girls/boys) 3) Explaining the box step 4) Boys choose girls or vice-versa 5) Forming a circle (promenade) 6) Dancing with music 7) Forming lines again 8) Explaining how to make a turn 9) Step 4-6 again 10) Showing a fast waltz with the teaching partner 11) Hand out the step instruction/ additional info about the Waltz (optional)	Slow waltz music Vienna Waltz music Handout: Waltz lesson	Team teaching: female&male part Can be difficult (Shyness) Important for discipline